



Judy Giovangelo has been a teacher and healer for many years through her company, **CircleWorks**. www.circleworks.us She is a certified yoga instructor, YogaKids & Workshop Facilitator, Reiki, Sound and Intuitive Healer and Hypnotherapist.

Following the sudden loss of her middle child Benjamin to suicide on April 16, 2009, she started a non-profit organization called **Ben Speaks Louder Than Words**. Ben suffered his entire life with Obsessive Compulsive Disorder, severe anxiety and was bullied and ostracized throughout his entire school experience.

Ben Speaks mission is to raise awareness and empower our youth to BE the change they want to see in their world.

To STOMP OUT the growing trends of cutting, alcohol and drug addiction & overdose, eating disorders, and teen suicide. The premise of all workshops, tools and teachings are to bring the message to our children that they are the creators of their own universe, invoking self responsibility for their thoughts, words, feelings and actions.

Judy is a motivational speaker with heart and is available to bring Ben Speaks message to middle schools, high schools and colleges, as well as, provide hands-on workshops through yoga, meditation and expressive art through health, physical education, art or music programs.

To arrange a program for your school with Judy Giovangelo, please call (617)592-6715 or send email to judygio@aol.com. For additional information on Ben Speaks go to www.benspeakslouderthanwords.com or www.handsandfeetacrossamerica.org



144 Main Street, Medway MA 02053